

Changing lives through learning



Working with children and young people



Supporting parents and carers



Working with communities


continyou
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ContinYou's programmes aim to support children and young people's learning, health and well-being.

We help schools to improve pupils' achievements and aspirations by providing advice, training and resources to help them develop out-of-school-hours learning opportunities, including cookery, singing and breakfast clubs.

We also support people who run supplementary and complementary schools throughout England.



The club has had a huge impact on the ethos of the school.

Time-keeping, pupils' attainment and attendance rates have all improved.

ContinYou is one of the UK's leading le



Supporting parents and carers

ContinYou has extensive experience of devising and delivering innovative parental support and family learning programmes – and of offering a wide range of training and consultancy services.

We can help you to set up and evaluate new parental support and family learning initiatives in your local area.

We also have a number of tried and tested programmes that can be adapted for use in your own setting.

The programme encourages parents and carers to recognise their skills, helping them to become more confident and building their self-esteem.

learning organisations, using learning to tack



Working with communities

People with low levels of language, literacy and numeracy skills face huge challenges in managing their health, accessing health services and gaining employment.

The national Skilled for Health programme aims to improve the health and 'skills for life' of people in communities who face such challenges. ContinYou has developed and overseen the national roll-out of Skilled for Health as part of an innovative partnership with the Department of Health (DH) and the Department for Innovation, Universities and Skills (DIUS).

The materials are great. They don't just cover health – they also improve your 'skills for life'. I'm a lot healthier now, I've improved my language skills – and I'm much more confident!

...le inequality and build social inclusion.



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ContinYou is a national learning charity that aims to open up learning opportunities through:

- working directly with individuals, schools, families and communities
- developing innovative provision that demonstrates effective practice
- sharing knowledge with others about 'what works' and acting as advocates for learning that is accessible to everyone.

Our vision is of a world where everyone has the chance to transform their lives through learning, so they can be confident, achieve, and help build supportive families and communities.

We offer a wide range of leading-edge services, resources, training and consultancy in the fields of community-based learning, health improvement, community regeneration, lifelong learning, extended services in and around schools, family learning and parenting support.

To find out more about ContinYou's work,
and to download free resources, visit:
www.continyou.org.uk.

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