

# Children and families

## Supporting well-being

Do you:

- work with parents and carers?
- provide parental support programmes?
- run family learning schemes?
- support children's emotional health and well-being?
- promote parental involvement in children's services?

You do? Then ContinYou's programmes, training and consultancy are just what you need.

### Programmes, training and consultancy

We have extensive experience of devising and delivering innovative parental support and family learning programmes for adults, children and young people – and of offering a wide range of consultancy services.

We can help you to set up and evaluate new parental support and family learning initiatives in your area. We also have a number of tried and tested programmes that can easily be transferred and/or adapted to your requirements, for instance:

- *Preparing for Partnership with Parents (P4PP)* – develops facilitation skills for working with adults
- *Share* – encourages parents/carers to get involved in their children's education
- *Share Plus* – helps parents/carers to develop their parenting skills
- *Pyramid* – supports children's social and emotional well-being
- *Smooth Moves* – helps parents/carers to support their child as they move from one school to another
- *Involving Men as Fathers* – raises awareness of issues involving men when delivering services
- *Developing Men Friendly Organisations* – supports people who are working to engage men in their organisations.

### To find out more, contact:

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